

Worksheet - FOOD and RECIPES

Task 1 Label the parts of the recipe. Use: INGREDIENTS, INSTRUCTIONS


Task 2 Read and underline the verbs in the instructions in red.

Task 3 Underline the utensils in blue.



Super Duper Sausages

Make some vegetarian sausages from leeks, cheese and breadcrumbs.

 **Remember to ask a grown-up for help.**

You will need:

- Print-out (1 page)
- 1 small leek
- 15g butter
- 100g cheddar cheese
- 2 eggs
- tsp. smooth mustard
- 175g breadcrumbs



This should take about **45 minutes**

Step 1

Ask a grown up to help you cut the roots and green part off the leek. Slice in half lengthways and rinse thoroughly, then slice across thinly.

Step 2

Melt the butter in a saucepan and cook leeks gently until softened.

Step 3

Tip the leeks into a bowl and then add the cheese.

Step 4

Beat the eggs lightly and then add the mustard, mix well. Mix well

Step 5

Add the egg mixture into the bowl and add breadcrumbs.

Step 6

Divide the mixture into eight equal pieces and role each piece into a sausage shape on a lightly floured surface.

Step 7

Chill the sausages in the fridge for 20 minutes, then fry over a medium heat for 10 minutes - yum!

Task 4 Fill in both mind maps No.1 with ingredients and No. 2 with all the verbs in the instructions.

Recipes

